



## Training example

### Boost your presentation skills

*Even the most interesting and well-prepared presentation can fail if it is poorly delivered.*

#### Learn:

- How to choose and organize content depending on your audience and objectives
- How to handle stress and remain focussed
- How to grab your audience's attention....and keep it
- How to pace and time your presentation for maximum impact
- How to manage audience participation
- How to cope with the unexpected and improvise
- How to finish with flourish

This intensive and interactive workshop is conducted in French or in English and is limited to four participants. It is run on a 2 + 1 format, the initial two-day session followed by a one-day session four to six weeks afterwards to anchor participants' progress.

Individual coaching is also available.